

PedorthicNEWS

FOOT CARE THROUGH PROPER FOOTWEAR

Launch of Online CPD cooperation

The PAA is pleased to announce signing a one-year agreement with the Ultimate Podiatrist to provide flexible online learning content to Pedorthists that are members of the Association.

The investment in the CPD Online Platform is part of the PAA's mission to provide education and continuing professional development (CPD) opportunities to Pedorthists.

PAA Members receive free access to the CPD Online Platform for one year, starting 1 December 2020 until 30 November 2021 as part of their membership benefit package. Individual annual subscriptions with Ultimate Podiatrist are valued at \$550.

The PAA Board would like to thank Josh Truscott, Founder of Ultimate Podiatrist for the cooperation. We look forward to building and creating further pedorthic specific content.



President Update

The first virtual symposium of the PAA was a big achievement. Thank you to the Executive committee. Their diligent work behind the scenes made the program run smoothly and the day a success.

The feedback we received on the variety of presentations and speakers was mostly positive. Common suggestions were more case presentations and more interaction including time for answering questions. We will take those recommendations on board for future virtual events.

One frequently asked question this year has been around the reaching of CPD hours. For the virtual conference including attending the AGM one could attain a total of 12 CPD hours. Please download the certificate sent with a link in a follow up email at the beginning of November. We are discontinuing the current conference software and will no longer have access after December.

We are pleased to announce a partnership with the leading provider for online continuing professional development - Ultimate Podiatrist, with a huge range of learning activities for online CPD points.

Katrin Wegener
PAA President

2020 Pedorthic Virtual Symposium

The Pedorthic Virtual Symposium was held on 23 October and brought people together from Australia and around the world, across several time zones and on a variety of devices. Following the cancellation of the Perth Symposium due to COVID-19 restrictions, the PAA quickly regrouped and assembled a diverse, flexible and affordable one-day online program. The Symposium was open to anyone interested in foot health and footwear and received 60 registrations.

The Symposium comprised 8 sessions featuring expert presentations by speakers from the Netherlands, Canada and Australia. A mix of live and pre-recorded content ranging from 30 - 45 minutes gave people the option to attend in real-time or watch on-demand. The program included a 1-hour collaborative session to allow attendees to engage with sponsors and exhibitors. The PAA also held its AGM for members.



The Symposium began with a welcome from PAA President, Katrin Wegener, which included handy tips on navigating the virtual conference space. As people sipped their morning coffee in Australia and the sun was setting in the northern hemisphere, the Symposium kicked off with a trio of terrific speakers from Canada. Christian Clavelle gave a presentation on Psychological First Aid (PFA) using the Red Cross *Look, Listen, Link, Live* model. Kelly Robb from KAL Orthoses

discussed the importance of the nervous system in pedorthics and Lisa Irish's presentation focussed on metatarsalgia.

Returning down under, the first local speaker was William Flesher from PROVIDERplus. The NDIS represents a growing client sector for pedorthics, however it can be challenging to navigate.



William clearly explained NDIS registration and audit processes, provided information about the PROVIDERplus membership structure and included a special offer for PAA members.

The collaborative session gave attendees an opportunity to hear about the latest products and materials from Symposium sponsors and exhibitors (and a chance to wave at each other over zoom!). David Sutton from Bilby Shoes showed us the FScan 64, Tekscan's newest addition to in-shoe plantar pressure mapping systems. Paul Guyett from Leffler, a Symposium sponsor for over 18 years, talked about the history of the company and its comprehensive, and often exclusive, range of products. Jeff McCreanor and Greg Mason from Mason Grogan took us through their range of materials specifically for pedorthics and the high risk foot, the Capron systems for orthoses manufacture and Voxelcare design and milling systems.

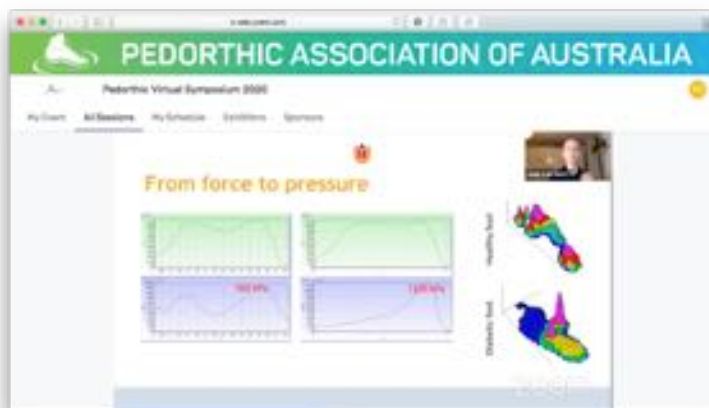
The Symposium sessions continued with Dr Alex Barwick from Southern Cross University speaking about how to effectively evaluate research literature and use evidence to inform practice and achieve optimal outcomes for patients.

In the afternoon, keynote speakers from The Netherlands rose very early to share their knowledge and expertise. Fred Holtkamp spoke about Shoe-TIMEs, a transdisciplinary project to design an in-shoe

device to measure shear forces and pressure. He described the challenges and rewards of working collaboratively and shared the preliminary results and innovative concepts.

Dr Jaap van Netten discussed future directions of plantar pressure measurement to prevent foot ulcers in people with Diabetes. These include calculating cumulative plantar tissue stress, measuring and analysing the peak pressure gradient and applying physical stress response theory. (Jaap also threw his support behind the Cats for the footy ... unfortunately that future prediction did not eventuate).

The final speaker, Dr Klaas Postema, presented his research into the effect of monitoring on adherence to wearing pedorthic footwear. Klaas' study investigated whether it was possible to measure footwear adherence using a temperature sensor, and whether knowledge of wearing the sensor had an effect on compliance. Klaas described the difficulties in conducting the study and the valuable insight and information



gained to inform further research and guide education efforts, especially in people with Diabetes.

Thank you to all of the speakers, sponsors and exhibitors for a dynamic and engaging Symposium. Congratulations to the organisers for ensuring everything flowed seamlessly, especially host Adam Smith and background worker bees, Anja Suckert and Katrin Wegener. All being well, we will get the chance to head west next year when the Symposium is held in Perth on 14-16 October 2021.

2020 PAA Symposium Sponsors - THANK YOU!

Main Sponsor



Website Sponsor



Session Sponsors



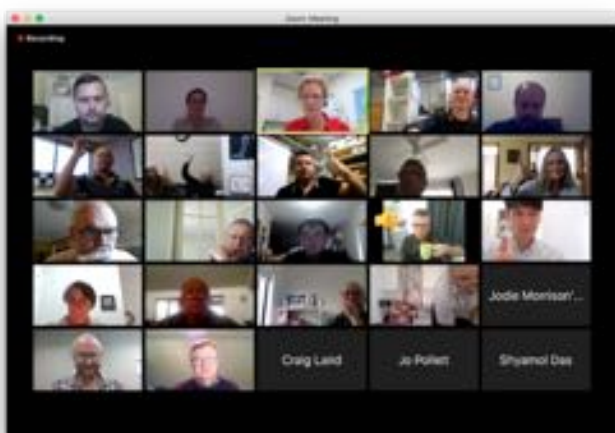
First virtual PAA AGM

Faced with the challenging task of preparing the first virtual AGM in the history of PAA and knowing that previous ones had turned into lengthy affairs, PAA President Katrin Wegener and EO Anja Suckert knew they had to do things differently this time.

Inspired by an exceptionally well organised and run AGM they both attended a few months prior, the strategy was clear – all reports, motions and nominations had to be prepared and circulated in advance, to only vote on the day and keep everything at bay.

And so it went, smoothly and successfully. All agenda points were covered in 95 minutes.

The President, Secretary, Treasurer and Executive Officer Reports were all approved and voted for, as well as the four State Representative and the APRB Reports.



Sharon Callaghan was elected as a new PAA Board member. Adam Smith, Joanne Pollett and Khajag Moskofian stood aside from their Board positions and all were re-elected unopposed. Together with Katrin Wegener, Paul Reimers, Adam Jorgensen and Howard Smith, they look forward to another successful year.

Immediately after the AGM, the Board met to appoint the office bearer positions for the coming year.

President: Katrin Wegener

Secretary: Adam Smith

Treasurer: Paul Reimers

Chair Government Agency Liaison

Subcommittee: Adam Jorgensen with members being Sayed Ahmed, Greg Dower, Craig Laird, Khajag Moskofian, Karl Schott, Anja Suckert and David Sutton

The four incumbent **State Representatives** – Francisco Barrientos (NSW), Howard Smith (WA), David Sutton (VIC) and Glen Willey (QLD) agreed to be re-elected for another one year term.

AGM attendees voted on changes to the Constitution and Criteria of Certified Pedorthists and the motion to close the CPed pathway was ratified. This decision will not affect the status of currently registered CPeds. The qualification will still be recognised as a vital part of the Pedorthic community without change to any aspect and all requirements for re-certification stay current.

Two nominations were received for available **APRB Board positions**, after Andries van Tonder stood down as Administrator and Stewart Levy as CPedCM. Casper Ozinga was elected as a new APRB Administrator and Alex Barwick as Tertiary Education Member. Karl Schott vacated the Tertiary Education position and moved to the CPedCM position previously held by Stewart Levy.

The PAA Board would like to thank all the participants who joined our first virtual Pedorthic Symposium and our virtual AGM. We were excited to see so many of you in attendance.

Gadean Footwear cooperation

Earlier this year Gadean Footwear produced a video explaining their service range and offering podiatrists access to state of the art foot pressure measurements utilising the F-Scan In-Shoe Analysis System. Podiatry WA made the video available on their YouTube channel for podiatrists to see.

The scope of this concept was to create greater awareness, raise the profile of podiatrists and build a stronger network with podiatrists, leading to an increase in referrals for a number of different services.



According to Howard, the production of the video has paid off by increasing interaction and discussions with local podiatrists and putting Gadean Footwear on their radar.

Having a strong referring base, which included podiatrists and other allied health professionals, is a key factor in the success of every podiatric practice.

Footwear Solutions under New Management

Kris Nastevski is the proud new owner of Footwear Solutions. After more than 20 years with Gadean Footwear, Kris opened the doors of his own, newly acquired business in Tuart Hill on 1 November 2020.



Established over 50 years ago as WA Surgical Bootmakers by Bruce Hodge (a PAA Life Member) specialising in custom-made orthopaedic footwear, the business changed its name to Footwear Solutions when Peter Giglia-Smith took over.

Now it is Kris's turn to continue growing the reputation and presence of the business and its high quality services within the local community. With a plan to introduce innovative foot pressure scanning technology and expand the range of orthopaedic footwear, Kris is well prepared and more than happy to take on the challenge.

Job Opportunities in Western Australia



Perth-based Gadean Footwear is looking for a certified Podiatrist CPedCM Au and a Shoe Repairer/ Shoemaker.

For more information or EOI, please contact Howard on 0408 906 988 or email info@gadeanfootwear.com.au

Special PAA Offer

PROVIDERplus is offering their PLUS Membership at \$64 / month or \$595 +GST (paid annually), which provides support and consultation for 1 year across audit, initial platform setup, pricing and payments, and anything else to do with being a provider.

Plus 50% off VIP Registration Service, including completion of registration (or renewal) application, creation of all Policies and Forms required for audit approval and template handbooks. To discuss your registration or take up the special 'PAA members only discount' please contact



Case Presentation - from members for members

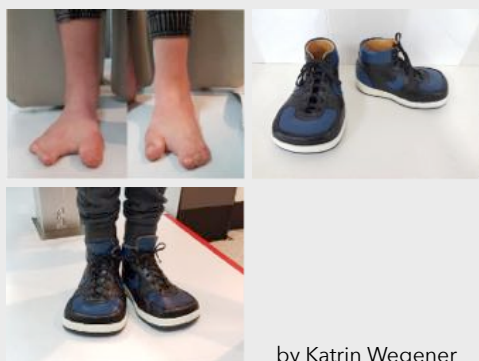
Apert Syndrome

This case presentation features a 10-year-old boy with Apert syndrome.

Apert syndrome is a genetic disorder characterised by skeletal abnormalities. A key feature of Apert syndrome is the premature closure of bones of the skull. This early fusion prevents the skull from growing normally and affects the shape of the head and face. In addition, a varied number of fingers and toes are fused together. The severity of the fusion varies. Most commonly, three digits on each hand and foot are fused together.

In our case, four digits of the patient's feet are fused together. He presents with a normal sized rearfoot for his age and an extremely wide forefoot due to the positioning of his toes. The width of his forefoot makes it impossible to fit prefabricated footwear.

For his treatment, we fitted him with custom footwear and an accommodative orthoses with medial arch support.

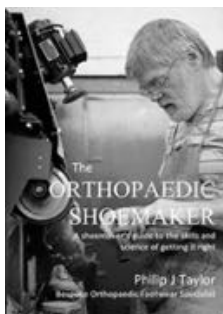


by Katrin Wegener

New Books in Online Store

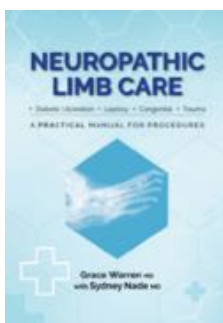
The PAA has sourced two new books, that are available for purchase in the PAA Book Shop on the PAA website.

The Orthopaedic Shoemaker: A Shoemaker's Guide to the Skills and Science of Getting it Right



This book by Philip J Taylor will help the reader to understand how to make orthopaedic footwear, and the secret of working with a client. The book contains 300 pages of case studies, tips and information to help you 'get it right'.

Neuropathic Limb Care: A Practical Guide to Procedures for Reducing Disabilities and Amputations



Dr Grace Warren has put her wealth of experience in the treatment of the neuropathic foot into this great book. Her "Neuropathic Limb Care" covers all aspects of the neuropathic limb care including conservative treatment, a detailed description on how to do the total contact cast, orthotic appliances, foot care and footwear.

CPD Points and Requirements

Occasionally the PAA receives questions regarding learning opportunities, CPD point accrual or the amount of CPD points required.

Since the beginning of COVID-19 we have seen an increase in webinars and virtual conferences. They are convenient, time saving alternatives to face-to-face events and are eligible for CPD points if industry or business related.

Our monthly Newswire provides information on upcoming webinars, virtual conferences and other learning opportunities. Casper Ozinga keeps an eye out for relevant studies and publications; the links are always included in the "Interesting Readings and Links" section. (Thanks Casper!)

To assist with reaching CPD points, the PAA entered into an agreement with Ultimate Podiatrist, a leading Online CPD provider, giving access to PAA members for one year.

UltimatePodiatrist



Ultimate Podiatrist is an online education platform developed in collaboration between health professionals and educators who specialise in instructional e-learning. Our clinical training programs are written by and supported by highly experienced podiatrists with solid clinical backgrounds.

We partner with the world's leading health and business minds to provide you evidence based, contemporaneous, relevant and above all, interesting courses and activities to meet your CPD requirements. Wanting to improve your practice management systems and processes? We've got you covered here too with business topics ranging from marketing to administration and finance.

We offer an extensive range of learning formats to meet your registration board's CPD requirements.

How it works

Your membership gives you unlimited, unrestricted access to the largest collection of clinical and business management CPD programs available anywhere in the country.



- Access to our full library, including webinars (live and recorded), online courses and more!
- Complete your CPD when and where it suits you - accessible on any device
- Receive email notifications of new live webinars
- Feel confident knowing you have all your CPD needs at your fingertips
- Download your certificate upon completion for maintaining your registration

Let's get you started!

What is the PAA ?

PAA contact details

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Board of Management

President: Katrin Wegener

Executive Officer:
Anja Suckert

Secretary: Adam Smith

Treasurer: Paul Reimers

Board members:

Sharon Callaghan
Adam Jorgensen
Khajag Moskofian
Joanne Pollett
Ernie Tye
Howard Smith

The Pedorthic Association of Australia recognises the need for representing professional practitioners of pedorthics. These people provide services and products to patients who have mobility difficulties due to the medical problems with their lower limb.

Formed over 45 years ago the association has grown so that it now regularly communicates with the key representatives from government and medical health funds. Through its programs, the PAA encourages its members to improve their qualifications and recognition. Programs include CPed, Quality Assurance and Competency Standards.

The names and organisations of the people that earn the Certified Pedorthist and Registration are published on the APRB website. The medical profession is encouraged to recommend CPeds to their patients for the provision of expert advice and products. The other sections of the certification system recognise the specialised Retail and Footwear Modification components of our profession.

The PAA is also guiding the Quality Management of organisations that are represented by its members. The Generic Quality System has been specifically designed for implementation in a Pedorthic Practice. It recognises the special relationship between the provider and the patient and assures the provision of expert advice and quality product by the organisation.

The PAA is for members who want recognition of their competency to provide a comprehensive service in the Pedorthic industry and work in organisations that offer quality advice or products as their key objective. The association advocates for members and who want to support industry development through contact with people and organisations that have the greatest impact on the industry and their business.

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